# MATTRESS AUDIT TOOL

Form completed by

<table>
<thead>
<tr>
<th>Designation</th>
<th>Date</th>
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## CRITERIA FOR MATTRESS COVER

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>N/A</th>
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1. **Is there a breach in the integrity of the mattress cover:**
   - Worn?
   - Damaged?

2. **Is the mattress cover seal compromised, eg are the zip fasteners or any other cover fastening devices broken?**

3. **Does the mattress cover have any soiling that cleaning cannot remove?**

4. **Is there any visible soiling on the inner aspect of the cover?**

If the answers to any of the above questions are yes, the mattress cover has failed and must be replaced.

## CRITERIA FOR MATTRESS

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>N/A</th>
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5. **Is the mattress soiled or stained?**

6. **Does the mattress have an obviously offensive odour?**

7. **Did the mattress fail the ‘Hand Compression Assessment’ (see overleaf)?**

8. **Type of mattress?**
   - Egg carton (Prema Advanced I, 98-04)
   - Framed (Prema Advanced II, 02-06)
   - Other (Prema Advanced III, 05-09)
   - Trolley mattress
   - Thermo contour

If the answers to any of the above questions are yes, the mattress has failed and must be replaced.

## MATTRESS AND MATTRESS COVER LABELING

<table>
<thead>
<tr>
<th>Date on the mattress cover label:</th>
<th>Not dated</th>
</tr>
</thead>
<tbody>
<tr>
<td>Date on the mattress:</td>
<td>Not dated</td>
</tr>
<tr>
<td>Document current (today's) audit date on mattress and cover</td>
<td></td>
</tr>
</tbody>
</table>

## Hand Compression Assessment (Bottom-ing out test)

1. Adjust the height of the bed so that it is at the same level as the tester’s head of trochanter (hip).
2. Link hands to form a fist and place them on the mattress.
3. Keep elbows straight and lean forward, applying the full body weight to the mattress.
4. Repeat the hand compression along the entire length of the mattress.
5. Note any variation in the density of the foam including whether the base of the bed can be felt through the foam.
6. The mattress should be condemned if it is found to ‘bottom out’. (Dunford C, 1994, Choosing a Mattress: Research Findings Nursing Standard 8:20, 58-61)

Adapted from North Yorkshire and York Community and Mental Health Services, NHS, UK

This ‘Mattress Audit Tool’ has been adapted in response to the Care Quality Commission Practice Alert September 2009:

When completed this Mattress Audit Tool should be sent to Infection Control