Cleaning and Disinfecting Commodes

**When:** Daily, when soiled and/or between patients.

**What:** Wear gloves and a plastic apron.

**With:** Clean first - Use a detergent wipe to clean – you may need several of these. Disinfect second – Use a disposable cloth or reusable rag and dilute chlorwhite.

**How:** Clean and disinfect from the cleanest part of the commode (Number 1) to the most contaminated (Number 5).

**Why:** Follow the numbers in order and stop the spread of infections.

Finally: Dispose of:
- disposable cloths immediately into a waste bin
- if rag is reusable place into the yellow laundry bag

Remove your gloves, then your apron, then clean your hands.

**Dedicate commodes for individual patients wherever possible. Ensure they are labelled with the patients name. Any commode that is shared between patients MUST be cleaned and disinfected after each use.**